#### Alternate Qualifying Health HRA : ARUP Laboratories Coverage Period: 01/01/2019 – 12/31/2019 Summary of Benefits and Coverage: What this Plan Covers & What it Costs Coverage for: Individual + Family | Plan Type: HRA

This is only a summary. If you want more detail about your coverage and costs, you can get the complete terms in the policy or plan document at www.aruplab.com/benefits or by calling 1-801-583-2787 x-2282.

Important Questions	Answers	Why this Matters:	
What is the overall <u>deductible</u> ?	\$0	See the chart starting on page 2 for your costs for services this plan covers. This HRA supplements your medical coverage by paying up to a certain dollar amount to offset certain <u>deductibles</u> , <u>co-payments</u> , <u>co-insurance</u> obligations or <u>prescription drugs</u> of an Alternate Qualifying Group Health Plan. Additionally, this HRA reimburses you for a capped difference in <u>premium</u> cost of your Alternate Qualifying Group Health Plan and the ARUP Group Medical Plan if the premium cost difference is greater than zero. See the chart starting on page 2 for your costs for services this plan covers. This HRA supplements your medical coverage by paying up to a certain dollar amount to offset certain <u>deductibles</u> , <u>co-payments</u> , <u>co-insurance</u> obligations or <u>prescription drugs</u> of an Alternate Qualifying Group Health Plan. Additionally, this HRA reimburses you for a certain <u>deductibles</u> , <u>co-payments</u> , <u>co-insurance</u> obligations or <u>prescription drugs</u> of an Alternate Qualifying Group Health Plan. Additionally, this HRA reimburses you for a capped difference in <u>premium</u> cost of your Alternate Qualifying Group Health Plan and the ARUP Group Medical Plan if the premium cost difference is greater than zero.	
Are there other <u>deductibles</u> for specific services?	No.		
Is there an <u>out–of–</u> <u>pocket limit</u> on my expenses?	No.	There's no limit on how much you could pay during a coverage period for your share of the cost of covered services under this HRA.	
What is not included in the <u>out–of–pocket</u> <u>limit</u> ?	This plan has no <u>out-of-pocket</u> <u>limit</u> .	Not applicable because there's no out of pocket limit on your expenses under this HRA.	
Is there an overall annual limit on what the plan pays?	Yes, \$7,900 – Individual \$15,800 – Family Premium Difference Reimbursement \$250/mo. – Individual \$500/mo. – Two party \$750/mo. –Family	The plan will pay only for covered services only up to this limit during each coverage period, even if your own need is greater. You're responsible for all expenses above this limit. The cart starting on page 2 describes <i>specific</i> coverage limits, such as limits on the number of office visits.	
Does this plan use a <u>network</u> of <u>providers</u> ?	No.	This HRA treats <b>providers</b> the same in determining payment for the same services.	

Questions: Call 801-538-2787 x2282 or visit us at www.aruplab.com/benefits.

Do I need a referral to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without permission from this plan. This HRA supplements your medical coverage by paying up to a certain dollar amount to offset certain <u>deductibles</u> , <u>co-payments</u> , <u>co-insurance</u> obligations or <u>prescription drugs</u> of an Alternate Qualifying Group Health Plan. Additionally, this HRA reimburses you for a capped difference in <u>premium</u> cost of your Alternate Qualifying Group Health Plan and the ARUP Group Medical Plan if the premium cost difference is greater than zero.
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 4. See your Alternate Qualifying Group Health policy or plan document for additional information about <u>excluded services</u> . This HRA supplements your medical coverage by paying up to a certain dollar amount to offset certain <u>deductibles</u> , <u>co-payments</u> , <u>co-insurance</u> obligations or <u>prescription drugs</u> of an Alternate Qualifying Group Health Plan. Additionally, this HRA reimburses you for a capped difference in <u>premium</u> cost of your Alternate Qualifying Group Health Plan and the ARUP Group Medical Plan if the premium cost difference is greater than zero.

- **<u>Copayments</u>** are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- Your cost sharing does not depend on whether a provider is in a network.

Common Medical Event	Services You May Need	Your Cost	Limitations & Exceptions
	Primary care visit to treat an injury or illness	Not covered under this HRA	
If you visit a health	Specialist visit	Not covered under this HRA	
care <u>provider's</u> office or clinic	Other practitioner office visit	Not covered under this HRA	See next page.
	Preventive care/screening/immunization	Not covered under this HRA	

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Coverage Period: 01/01/2019 – 12/31/2019

Summary of Benefits and Coverage: What this Plan Covers & What it Costs

Coverage for: Individual + Family | Plan Type: HRA

Common Medical Event	Services You May Need	Your Cost	Limitations & Exceptions	
If you have a test	Diagnostic test (x-ray, blood work)	Not covered under this HRA		
II you have a test	Imaging (CT/PET scans, MRIs)	Not covered under this HRA		
If you need drugs to	Generic drugs		This HRA supplements your medical coverage by paying up to a certain dollar	
treat your illness or condition	Preferred brand drugs		amount to offset certain <u>deductibles</u> ,	
condition	Non-preferred brand drugs	Varies depending on the details of your Alternate Qualifying Group Health Plan.	co-payments, co-insurance obligations	
More information about <b>prescription</b> <u>drug coverage</u> is available at <u>www.aruplab.com/be</u> <u>nefits</u> .	Specialty drugs	Please refer to the Summary of Benefits and Coverage of your Alternate Qualifying Group Health Plan for details of how these services are covered.	or <b>prescription drugs</b> of an Alternate Qualifying Group Health Plan. Additionally, this HRA reimburses you for a capped difference in <b>premium</b> cost of your Alternate Qualifying Group Health Plan and the ARUP Group Medical Plan if the premium cost	
If you have	Facility fee (e.g., ambulatory surgery center)	Not covered under this HRA	difference is greater than zero.	
outpatient surgery	Physician/surgeon fees	Not covered under this HRA	U	
If you need	Emergency room services	Not covered under this HRA	TT 1 .1 1	
immediate medical	Emergency medical transportation	Not covered under this HRA	However, because the coverage under your Alternate Qualifying Group Health	
attention	Urgent care	Not covered under this HRA	Plan may exclude any or all of these	
If you have a	Facility fee (e.g., hospital room)	Not covered under this HRA	services, please refer to the Summary of	
hospital stay	Physician/surgeon fee	Not covered under this HRA	Benefits and Coverage of your Alternate	
If you have mental	Mental/Behavioral health outpatient services	Not covered under this HRA	Qualifying Group Health Plan for details of how these services are covered.	
health, behavioral	Mental/Behavioral health inpatient services	Not covered under this HRA	of now these services are covered.	
health, or substance	Substance use disorder outpatient services	Not covered under this HRA		
abuse needs	Substance use disorder inpatient services	Not covered under this HRA		
If you are pregnant	Prenatal and postnatal care	Not covered under this HRA		
- jou ure presnunt	Delivery and all inpatient services	Not covered under this HRA		

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Common Medical Event	Services You May Need	Your Cost	Limitations & Exceptions
	Home health care	Not covered under this HRA	
If you need help	Rehabilitation services	Not covered under this HRA	
recovering or have	Habilitation services	Not covered under this HRA	
other special health	Skilled nursing care	Not covered under this HRA	
needs	Durable medical equipment	Not covered under this HRA	See previous page.
	Hospice service	Not covered under this HRA	
	Eye exam	Not covered under this HRA	
If your child needs dental or eye care	Glasses	Not covered under this HRA	
dental of cyc care	Dental check-up	Not covered under this HRA	

#### **Excluded Services & Other Covered Services:**

Services Your Plan Does NOT Cover (This isn't a complete list. Check your policy or plan document for other <u>excluded services</u>.)

• Acupuncture	Hearing Aids	Private-duty nursing
Bariatric surgery	• Infertility treatment	• Routine eye care (Adult)
Chiropractic care	• Long-term care	
Cosmetic Surgery		Routine foot care
0.	<ul> <li>Non-emergency care when traveling outside the U.S.</li> </ul>	Weight loss programs
<ul> <li>Dental Care (Adult)</li> </ul>	uie 0.5.	

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Questions: Call 801-538-2787 x2282 or visit us at <u>www.aruplab.com/benefits</u>. If you aren't clear about any of the underlined terms used in this form, see the Glossary. You can view the Glossary at <u>www.dol.gov/ebsa/healthreform</u> and <u>www.cciio.cms.gov</u> or call 801-538-2787 x2282 to request a copy. Other Covered Services (This isn't a complete list. Check your policy or plan document for other covered services and your costs for these services.)

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#### Your Rights to Continue Coverage:

If you lose coverage under the plan, then, depending upon the circumstances, Federal and State laws may provide protections that allow you to keep health coverage. Any such rights may be limited in duration and will require you to pay a **premium**, which may be significantly higher than the premium you pay while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, contact the plan at 1-801-538-2787 x2282. You may also contact your state insurance department, the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa</u>, or the U.S. Department of Health and Human Services at 1-877-267-2323 x61565 or <u>www.cciio.cms.gov</u>.

#### Your Grievance and Appeals Rights:

If you have a complaint or are dissatisfied with a denial of coverage for claims under your plan, you may be able to **appeal** or file a **grievance**. For questions about your rights, this notice, or assistance, you can contact:

- The plan at 1-801-538-2787 x2282 or visit us at <u>www.aruplab.com/benefits</u>
- U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform

#### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." This plan or policy <u>does</u> <u>provide</u> minimum essential coverage.

This HRA supplements your medical coverage by paying up to a certain dollar amount to offset certain <u>deductibles</u>, <u>co-payments</u>, <u>co-insurance</u> obligations or <u>prescription drugs</u> of an Alternate Qualifying Group Health Plan. Additionally, this HRA reimburses you for a capped difference in <u>premium</u> cost of your Alternate Qualifying Group Health Plan and the ARUP Group Medical Plan if the premium cost difference is greater than zero.

This HRA is designed to be integrated with a health plan that <u>does provide</u> minimum essential coverage. Please refer to the Summary of Benefits and Coverage of your Alternate Qualifying Group Health Plan for details of whether that plan qualifies as minimum essential coverage.

#### Does this Coverage Meet the Minimum Value Standard?

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). This health coverage <u>does not meet</u> the minimum value standard for the benefits it provides.

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This HRA is designed to be integrated with a health plan that <u>does meet</u> the minimum value standard for the benefits it provides. Please refer to the Summary of Benefits and Coverage of your Alternate Qualifying Group Health Plan for details of whether that plan meets the minimum value standard for the benefits it provides.

#### Language Access Services:

[Spanish (Español): Para obtener asistencia en Español, llame al [insert telephone number]. ]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa [insert telephone number]. ]

[Chinese (中文): 如果需要中文的帮助, 図図打図个号図 [insert telephone number].]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' [insert telephone number].]

-To see examples of how this plan might cover costs for a sample medical situation, see the next page.-

Questions: Call 801-538-2787 x2282 or visit us at <u>www.aruplab.com/benefits</u>.

Coverage for: Individual + Family | Plan Type: HRA

# About these Coverage Examples:

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

Having a bab	y
(normal delivery)	

Amount owed to providers: \$7,540

Plan pays \$0

Patient pays \$7,540\*

#### Sample care costs:

Total	\$7,540
Vaccines, other preventive	
0,	\$40
Radiology	\$200
Prescriptions	\$200
Laboratory tests	\$500
Anesthesia	\$900
Hospital charges (baby)	\$900
Routine obstetric care	\$2,100
Hospital charges (mother)	\$2,700

Total	\$7,540*
Limits or exclusions	\$7,540
Coinsurance	<b>\$</b> 0
Copays	<b>\$</b> 0
Deductibles	<b>\$</b> 0

#### Managing type 2 diabetes (routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- Plan pays \$0
- **Patient pays** \$5,400\*

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

#### Patient pays:

Deductibles	\$0
Copays	\$0
Coinsurance	\$0
Limits or exclusions	\$0
Total	\$5,400*

\* The amount available for payment under these examples depends on the coverage, if any, under your Alternate Qualifying Group Health Plan. The number used in these examples assume that the expenses are 100% covered after meeting your Alternate Qualifying Group Health Plan's deductible requirement, and that the full HRA benefit amount is available for you when the expenses are incurred. Please see the Summary of Benefits and Coverage prepared by your Alternate Qualifying Group Health Plan's provider or contact for information regarding how that plan will impact the costs in these examples. Additionally, please call 801-538-2787 x 2282 for questions regarding this HRA plan.

Questions: Call 801-538-2787 x2282 or visit us at <u>www.aruplab.com/benefits</u>.

### **Questions and answers about the Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include premiums.
- Sample care costs are based on national averages supplied by the U.S.
   Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

## What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

# Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

## Can I use Coverage Examples to compare plans?

✓ Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

 ✓ Yes. An important cost is the premium you pay. Generally, the lower your premium, the more you'll pay in out-ofpocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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